

**\$10** **PAGE 4**  
**PEHRA**  
**MEMBERSHIP**

- ▶ UPCOMING COMMUNITY EVENTS
- ▶ THE GOOD NEIGHBOUR SPOTLIGHT
- ▶ CANADA 150 PROJECT
- ▶ 2ND ANNUAL COMMUNITY FUN FEST



# Community Newsletter

SPRING 2017

## PEHRA CONTACTS

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## Celebrate Spring! PEHRA brings back the community Easter Egg Hunt in Birches Park. Fun for the whole family on April 15, 2PM-4PM.

Enjoy an afternoon of fun for the whole family. Be there for our 2:00pm Easter Egg Hunt followed by games, activities and face painting. Added attractions are the Disco Dance Dome and Mobile Game Room for kids and adults can check out the "hot spring" car display! Visit the PEHRA Booth to join or renew your \$10 membership. Special thanks for their participation and support go to: **Atlantic Superstore and Steele Porsche, Jaguar, Land Rover and Volvo.**



### COMMUNITY YARD SALE

**Saturday, May 27, 9AM - Noon** (Rain Date: Sunday, May 28) Will be advertised on Seaside FM! Curb-side Giveaway – June 3 & 4. Be courteous when driving through our neighbourhood during the community yard sale.

### ANNUAL COMMUNITY CLEAN-UP

**Saturday, April 29 from 9AM – 1PM** (Rain Date: Sunday, April 30) We need your help! Meet at the Birches Park Community Message Board. Support our Scouts, PEHRA and the Nova Scotia Clean Foundation to remove litter from our streets, parks & trails. Garbage bags, gloves and light refreshments will be provided. Our PEHRA Membership table will be at this event. Remember your \$10 PEHRA Membership per household helps to support projects and events in our community. We hope to see you at the clean-up!



(picture of Kim Gamble)

### THE GOOD NEIGHBOUR SPOTLIGHT

#### Kim Gamble

This recognition goes to Kim Gamble for her years of volunteering within our Community. She has taken on many organizational tasks, both formally and informally, and is well known for her energy, good humour, sociability, and positive attitude. In particular, she has been a dedicated member of the PEHRA Board of Directors from 2001 to 2016. (continued on pg 2)



## THE GOOD NEIGHBOUR SPOTLIGHT (CONT'D)

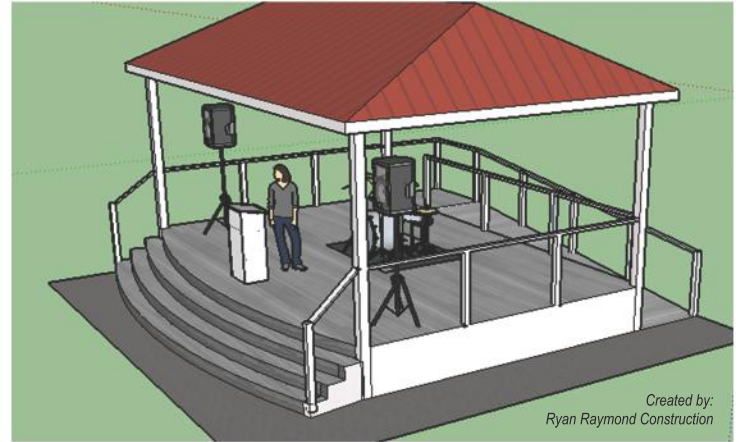
**How long have you lived in Portland Estates?** Gord and I moved to Portland Estates in 1996 from Oakville, Ontario. It seemed like the perfect community to start a family—we were right! We had 3 children so the Woodlawn library, the Birches Park playground, the Portland Preschool and the beautiful Portland Estates Elementary school saw lots of our family!

**What inspired you to volunteer and why is the PEHRA community so important to you?** I joined the PEHRA Board in 2001 after having attended events at the park and joining Neighbourhood Watch. We love being a part of PEHRA and it has led my family to be involved in so many memorable and fun community initiatives. Having input at Board meetings and helping on committees whenever possible for all these years was easy to fit in because of the great people also involved.

**What is your proudest moment as a PEHRA volunteer?** I've had many proud moments as a PEHRA volunteer. I'm so proud of the Board's relationship with our councillor and city staff for improvements to the community. Other proud moments have been waving at our volunteer gardeners, watching kids pick up garbage at PEHRA organized events, filling every street with newsletters and my most memorable would have to be my involvement in the Lieutenant Governor's Community Spirit Award Ceremony a few years back.

## CANADA 150 PROJECT: BUILDING A GAZEBO IN BIRCHES PARK

PEHRA is always looking for ways to improve our community. This year PEHRA met with Councillor Bill Karsten to discuss a way to celebrate Canada's 150th! Great countries are built upon great communities, so the exciting idea of building a celebration Gazebo in Birches Park was born.



The Gazebo will be a great place to enjoy shade, share a family picnic or gaze peacefully at our lovely lake. It will also provide our community with a permanent stage and opportunity to host annual concerts in the park! PEHRA is very pleased that HRM has approved our "Gazebo in the Park" project and Councillor Karsten has enthusiastically committed to offer funding support to this exciting addition to Birches Park.

Now we just need to make it happen. If you wish to be involved, please contact Dalyce at [birchespark@pehra.ca](mailto:birchespark@pehra.ca). Or help us by renewing your \$10 PEHRA Membership today. Help "raise the funds to raise the roof!" The more support we have, the greater our Gazebo in the Park will be. *(Please note: This is a suggested Gazebo concept rendered by local contractor, Ryan Raymond Construction, that would provide shade, easy access and outdoor concert opportunities!)*

## Simple and convenient.

As a BMO Bank of Montreal® Mortgage Specialist, I'm available to meet you at your home or office, day or night, to discuss your mortgage refinancing needs.

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Proudly supporting the residents of Portland Estates, Portland Hills and Russell Lake West.

**COUNCILLOR BILL KARSTEN**  
**DISTRICT 3**  
Dartmouth South - Eastern Passage

Phone: (902) 490-7032  
Cell: (902) 476-1855  
[bill.karsten@halifax.ca](mailto:bill.karsten@halifax.ca)

**HALIFAX**

[halifax.ca](http://halifax.ca) 311

## NEW BENCHES ALONG OUR TRAILS

Over the years, Councillor Bill Karsten has been very supportive of PEHRA's efforts to develop our trails and parks. He has gone to bat for our projects on many occasions, and has also made financial contributions through his district discretionary funds. His most recent contribution is the installation of 4 sturdy, well-designed benches on the Portland Lakes Greenway trail, at the Freshwater Trail end (west side of Russell Lake).

Co-incidentally, the PEHRA Board were already considering making a request to HRM Parks for similar benches on the main trail through Birches Park. We have contacted our Councillor, and he was very receptive. Councillor Karsten is willing to fund several new benches this year, and possibly more later, and asked the PEHRA Board to recommend some locations. These locations are all on the paved trail, in high-traffic and high-activity areas, close to play equipment, the tennis courts, and the gym equipment. Several of them have pleasant views of Morris Lake. They should make excellent additions to the park.



## CALLING ALL PICKLEBALL PLAYERS!

Pickleball popularity is on the rise! This wonderful paddle sport is a combination of tennis, ping-pong and badminton and can be enjoyed by all ages. It is easy to learn and fun to play. A good way to get exercise and enjoy the great outdoors on our tennis courts in Birches Park this summer! New players are always welcome. PEHRA has paddles and balls available for those who want to come out and give it a try. If you would like to join our Pickleball Play List or have more information about scheduled play times, please contact Dalyce at 902-448-1010 or Valerie at [pickleball@pehra.info](mailto:pickleball@pehra.info)




## DARREN FISHER

Member of Parliament  
Dartmouth-Cole Harbour

**CONNECT WITH ME**

[www.DarrenFisher.ca](http://www.DarrenFisher.ca)

 /DarrenFisherNS

 @DarrenFisherNS

## 2<sup>ND</sup> ANNUAL COMMUNITY FUN FEST JUNE 24<sup>TH</sup> AT BIRCHES PARK!

**Saturday, June 24** from 2PM to 5PM, PEHRA will be hosting its 2nd Annual Fun Fest in Birches Park (Rain Date: June 25th)



Enjoy old-fashioned picnic races...sac race, the piggy back relay, hula-hoop & shoe kicking contests, as well as face painting, jumping castle and scenic rides on our trails throughout the park!



A special treat this year, the Cheese Curds food truck will be in the park serving up fresh poutine, hot dogs and fries! Don't eat lunch. Bring your friends and family to the park!

Live music and our Sponsor Business Showcase will complete the fun! Lots of volunteers and sponsors are needed to make this afternoon a great success. If you can help out, please contact our Events Committee at [events@pehra.info](mailto:events@pehra.info) or call 902-448-1010.



**Fresh Poutine, French Fries & Hot Dogs**  
Phone: 902-446-3095 - Email: [catering@chefinspired.ca](mailto:catering@chefinspired.ca)  
[www.chefinspired.ca](http://www.chefinspired.ca)

## Community Fun Fest

**JUNE 24<sup>TH</sup>, 2PM-5PM**

**@ BIRCHES PARK**

902.434.7700

www.macpheedford.com

580 Portland Street

MACPHEE



PROUD MEMBERS OF THIS NEIGHBOURHOOD SINCE 1983

### APRIL IS PEHRA MEMBERSHIP MONTH

PEHRA has been very active in our community for over 25 years. Thanks to your support, PEHRA volunteers have worked successfully with HRM to address many neighbourhood issues like safety, environmental concerns and the development and maintenance of our trails, parks and recreational facilities. By renewing your membership each year you are helping to support the ongoing growth and care of our wonderful community.

### PETWORKS VETERINARY HOSPITAL

Petworks Veterinary Hospital has been providing compassionate care to pets in our Dartmouth community for over 30 yrs offering a full array of services from preventative medicine, vaccination assessments, wellness exams & dentistry to more specialized services of diagnostic ultrasound, orthopedic surgery & canine rehabilitation. This year we are happy to announce the addition of Full Circle Veterinary Hospital to our 850 Portland St location. Dr Janise Fisher and Dr. Jennifer Bishop have diverse specialties including: nutrition (commercial & home prepared feeding plans), acupuncture, Chinese herbal medicine, physical rehabilitation & chiropractic.

**PetWorks**  
Veterinary Hospital  
850 Portland St.

See you there!  
**Community Fun Fest**  
JUNE 24<sup>TH</sup>, 2PM-5PM  
@ BIRCHES PARK

902-435-2444 info.pw@petfocus.ca

### ADVERTISING IN PEHRA NEWSLETTER

The PEHRA Community Newsletter is circulated to the residents of Portland Estates & Portland Hills. If you have a business or service that needs to reach our readership, you can advertise a business card sized ad in our newsletter for low cost of \$50 per issue.

To place an ad in our newsletter, please contact Dalyce at [newsletter@pehra.info](mailto:newsletter@pehra.info) or 902-448-1010.

*Please note that PEHRA has the right to edit and/or refuse ads if they do not meet our association's mandate.*



#### JOIN OR RENEW YOUR PEHRA MEMBERSHIP TODAY!

Annual Membership of \$10.00 per Household



DATE: \_\_\_\_\_

FULL NAME: \_\_\_\_\_

SPOUSE NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

POSTAL CODE: [ ][ ][ ][ ][ ][ ] PHONE: [ ][ ][ ] - [ ][ ][ ] - [ ][ ][ ]

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Please Call 902-448-1010

Would you like to help or volunteer in any of the following areas?

PLEASE CHECK BELOW:

- Membership
- Newsletter
- Events
- Gates & Gardens
- Trails
- Environment
- Birches Park
- Other